

Abstract submission guidelines

We now welcome abstract submissions in relation to physical activity research, policy, advocacy and/or practise for the third annual Asia-Pacific Society for Physical Activity (ASPA) conference, to be held in Wellington, New Zealand on November 27-28, 2023.

The abstract submission deadline is 30/06/2023, late abstracts will not be accepted.

To be considered eligible all abstracts must:

- Align with the scope and aims of ASPA
- Be original work
- Be submitted in English using the online portal on the ASPA website
- Be prepared according to the abstract submission guidelines
- Include a conflict of interest statement

The number of abstract submissions by a presenting author will be limited to a maximum of two (2). This is for presenting authors only; there is no limit to the total number of abstracts one can be an author on. First named authors are required to be the presenting authors. By submitting, presenting authors are ensuring that all authors have made a significant contribution to the work and have approved the submission.

Authors will be notified by 31/08/2023 whether their abstract has been accepted. All presenting authors need to register to attend the conference in Wellington (there will be no virtual/online attendance options this year) and provide full payment of the registration fee by 31/10/2023, otherwise their submission will be withdrawn. ASPA will not waive registration fees.

If there is a change in the presenting author(s), if the presenter is unable to attend the conference, or if you need to make a request to withdraw an abstract submission, please notify the Scientific Program Committee as soon as possible and before 31/10/2023 using this e-mail address: abstracts@aspactivity.org.

Upon acceptance of a submission, authors will receive a detailed description of how to prepare their presentation (e.g., format of oral presentations, poster guidelines).

Presenting authors will be asked to indicate their preference for an oral or poster presentation upon submission. However, presentation format will ultimately be determined by the Scientific Program Committee. Oral presentations will be assigned on a competitive basis as judged by the Scientific Program Committee according to the following criteria:

- Alignment with the scope of ASPA
- Impact, significance, innovation, and originality for the physical activity field
- Quality of the methodology or approach

PLEASE NOTE: You will need to register on the abstract submission portal before you can submit an abstract (even if you have previously registered as an ASPA member). If you submitted an abstract for the 2022 conference in Melbourne, you can use the same login and do not need to register on the system again.

You will be able to submit 2 types of abstracts: 1) scientific or research abstracts; 2) advocacy, policy or practice abstracts. Guidelines for each abstract type are explained below.

Guidelines for Scientific or Research abstracts:

Title word limit: 20

Abstract word limit: 350

Keyword limit: 6

Formatting

For Subheadings use Arial 11 font, bold, aligned to left, leave one line of white space between each subheading. Only use these subheadings in this order: Introduction, Methods, Results, Conclusions, Conflict of Interest Statement. For abstract body text use Arial 11 font, single space. Tip: prepare your abstract in word and then copy/paste it into the online submission portal.

Introduction

State the primary purpose of the work and include the main research questions or hypotheses being addressed. Emphasise what is innovative about this work.

Methods

A brief explanation of what was done and how it was done. This should include study design, participants (include sample size), measures and analyses (or protocol used if a systematic review).

Results

Explicitly describe the main findings or outcomes of the research (include some data). Do not submit an abstract based on data yet to be collected/analysed.

Conclusions

Briefly explain what the results mean, what are the implications in terms of the advancement of physical activity research. What is the impact or significance of the outcomes to the field?

Conflict of Interest Statement

Depending on your circumstances, this may be “The authors declare no relevant conflict of interest in relation to this work.” Or this may be a statement of disclosure of any financial and/or personal relationships that could potentially bias your work.

Guidelines for Advocacy, Policy or Practice abstracts:

Title word limit: 20

Abstract word limit: 350

Keyword limit: 6

Formatting

For Subheadings use Arial 11 font, bold, aligned to left, leave one line of white space between each subheading. Only use these subheadings in this order: Purpose, Project or Policy description, Conclusions, Conflict of Interest Statement. For abstract body text use Arial 11 font, single space. Tip: prepare your abstract in word and then copy/paste it into the online submission portal.

Purpose

State the primary purpose of the project or policy, including the main physical activity issues being addressed. Provide information on the context, setting and target group. Emphasise what is innovative about this project or policy.

Project or policy description

Four main topics should be described: development, implementation, evaluation and dissemination. Describe how the project or policy was developed, which stakeholders were involved, and who was responsible for its implementation. Describe how the implementation took place, how it was evaluated, and – to the extent relevant – how it is, or will be disseminated or scaled-up. Submissions should not be based on activities or work yet to be completed.

Conclusions

Explain the possible contribution to, or implications for knowledge, methods, practice or policy in the field of promoting physical activity.

Conflict of Interest Statement

Depending on your circumstances, this may be “The authors declare no relevant conflict of interest in relation to this work.” Or this may be a statement of disclosure of any financial and/or personal relationships that could potentially influence your work.

If you have any questions about submitting an abstract for the ASPA Conference please contact abstracts@aspactivity.org.